

Manometry **study.**

Esophageal Manometry Prep.

Location information:

3800 Reservoir Rd. NW,
Main Building, 2nd Floor, Room M2210
Washington, DC 20007

For procedure questions call **202-444-8541**.
To reschedule a procedure call **202-295-0570**.

Arrive 1 hour prior to your scheduled procedure time.

Things to bring

- Referral (if applicable). **Fax to 202-444-4211** prior to your procedure, if possible.
- Your current insurance card(s), co-pay (if applicable), and a government-issued picture ID.
- A list of ALL of your current medications and allergies.

Medications

Continue to take any blood pressure and heart medications if applicable with a small sip of water the morning of your procedure.

Medications that are not essential should not be taken the day of the test, such as:

- Pain medications (demerol, codeine, morphine, Percodan, Percocet Sedatives or tranquilizers such as Valium, Librax, Ativan, Elavil, Thorazine)
- Antispasmodics (Bentyl, Donnatal, Levsin, Robinul.)
- Promotility agents such as Reglan (metoclopramide), Zelnorm (tegaserod), erythromycin, Motilium (domperidone).

Preparing for your test

Do not eat or drink after midnight the night before the test and the day of your test. You may resume eating and drinking after your test is completed.

Questions? Nurse/Fellow contact

If you have any questions regarding your procedure, please call:

202-444-8541, Monday- Friday, 8:30 a.m. to 5 p.m. and ask to speak to a nurse.

202-444-7243, Monday-Sunday, 5 p.m. to 8:30 a.m. and ask for the GI Fellow on call.

What is an esophageal manometry?

Esophageal manometry is a procedure that measures the strength and function of the muscles in your esophagus (the "food pipe") that work to push food and liquids from the mouth down to the stomach. This procedure can determine the cause of swallowing problems, food getting stuck in the chest, sources of chest pain and if an acid-sensing pH probe is necessary.

Returning the receiver

Please return the device promptly after your 24-hour test is completed.

**It's how we
treat people.**